

Cape Cod

National Park Service
U.S. Department of the Interior

National Seashore
Wellfleet, Massachusetts



SALT POND VISITOR CENTER

OPEN DAILY 9 TO 4:30.

OFF ROUTE 6, EASTHAM. 508-255-3421

This visitor center offers magnificent views of Salt Pond, Nauset Marsh, and the Atlantic; an outstanding museum; and park films. Staff are on duty to help with trip planning, and there is a well-stocked store offering books, maps, puzzles, games and other interpretive items for sale. Restrooms are available in the parking area. The Nauset Marsh and Buttonbush trails, and the Nauset Bicycle Trail are located nearby. ♿

PROVINCE LANDS *Re-opens* VISITOR CENTER *May 1.*

OPEN DAILY 9 TO 5.

OFF RACE POINT ROAD, PROVINCETOWN.
508-487-1256

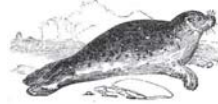
Just two miles from the tip of the Cape, this center features an observation deck with 360-degree views; a small exhibit area; showings of park orientation films on the hour (9-4); staff on duty to assist with trip planning; and sales of books, maps, puzzles, games and other interpretive items. Restrooms are available in the parking area. The Province Lands Bicycle Trail and Race Point Beach are nearby. ♿

When visiting the park, remain in designated areas to reduce exposure to disease-carrying insects, poison ivy, and other natural risks. Observe trail conditions, and be aware of naturally-occurring hazards.

Ranger-Guided Activities April 18 through 26, 2009

Salt Pond Visitor Center is located off Route 6 at Nauset Road, Eastham, and is accessible. Outdoor programs may be cancelled due to inclement weather. Please call the Salt Pond Visitor Center at 508-255-3421, for current information. Indoor programs may be offered instead of outdoor programs under these circumstances. All programs are free.

WALKS:



SEAL SEARCH - Saturday, April 18 at 2 PM. 1½ hours, 1½ miles. Free. Curious about seals in our local waters? In this hike along the Coast Guard spit, we'll look for seals and learn about the species we might see, as well as some of the special adaptations seals have that make them perfectly suited for a life in the sea. Wear footwear for walking in soft sand. Meet at the Coast Guard Beach parking area, Eastham.

BLOOMING BOUNTY - Sunday, April 19 and 26 at 10:30 AM. 1½ hours, 1 mile. Free. Flowers are blooming, leaves are unfurling, seeds are sprouting. Join this walk to look more closely at what's springing forth at Fort Hill after a long, cold winter. Learn some simple identification techniques for the earliest blooming trees and wildflowers. Meet at Hemenway Landing (1 road north of Fort Hill off Route 6).



STORMY NIGHTS! - Tuesday, April 21 at 2 PM. 45 minutes. 1 mile. Free. Cape Cod is known as the "Graveyard of the Atlantic," with over 3,000 recorded wrecks. Occasionally, the skeleton of one of these old wrecks is thrust up on the beach, only to be covered again by shifting sands. Over the past year the bones of a 19th-century wreck have appeared, been buried, and reappeared. Will it be buried, or exposed on April 21? Join a ranger for a short walk to find out, and learn of the stories these old wrecks tell. Meet at the Newcomb Hollow Beach parking area, off Ocean View Drive, Wellfleet.

FILM:



"PORTRAIT of a COAST - 21st CENTURY" - Thursday, April 23 at 11 AM. 45 minutes. Free. From the Storm of 1978 to the new Chatham inlet created during the April 2007 nor'easter, Cape Cod's coastline is constantly changing. Join a ranger for a viewing and discussion of this newly updated film that beautifully documents and explains our dynamic coast. Takes place inside at Salt Pond Visitor Center, Eastham. ♿

(continued)



Kids' Signal Jam: Talking and Texting with Wires and Without - April 25, 2009



Be part of something BIG at Cape Cod National Seashore! National park sites across the U.S. are hosting fun activities for kids in honor of National Junior Ranger Day, and radio operators around the world are celebrating the birthday of Guglielmo Marconi, the *Wizard of Wireless*.

♦ Fun, hands-on communications activities for kids from 10 AM to 1 PM. ♦ A free shuttle will run between activity sites in Eastham from 9:30 AM to 1:30 PM. ♦ Children who wish to earn Junior Ranger awards should pick up an activity sheet at Salt Pond Visitor Center before going to activity locations. ♦ Children who participate in at least five activities will have their names entered into a drawing for a special prize. ♦ All activities are free, open to the public, and accessible.

Coast Guard Station, Eastham: Use a key to tap out an S-O-S in Morse Code, and talk on walkie-talkies.

The French Cable Hut, Nauset Light Beach, Eastham: Investigate wired telephones and circuits.

Nauset Light, Nauset Light Beach, Eastham: Become a lighthouse! Devise your very own flash sequence.

The Three Sisters Lighthouses, Eastham: Try your hand at reflector and flag signaling.



Marconi Station Site, South Wellfleet: If the weather's good, amateur radio operators will operate at the former Marconi Station Site, off Route 6, Wellfleet. A park ranger will be on hand to share stories.

Cell Phone Tours (24/7): Call in to the seashore's newest interpretive program - cell phone messages at several locations, including Coast Guard Beach, the Marconi Site, Salt Pond Visitor Center, and Fort Hill. Ask for a flyer.

Salt Pond Visitor Center 2 PM: NASA Space Education Program: *Communicating in Space Now and into the Future* - During this talk, NASA's Rick Varner will share recent advances in space communication, and forecast what may be coming in the future. Are you ready for...voice over laser beams? Seating is limited.



HISTORIC BUILDING TOURS:

A WHALING FAMILY'S STORY - Saturday, April 18 at 11 AM.

1 hour. Free. Bring the family and learn about the Penniman family through a tour of their home, and stories of their travels. Examine some of the hardships, adventures, and lifestyle of a whaling family. **BY RESERVATION ONLY.** Call the Salt Pond Visitor Center at 508-255-3421, ext 0. Meet at the Penniman House at Fort Hill in Eastham.



LIGHTHOUSE TOUR of the THREE SISTERS - Sunday April 19 at 3 PM.

1 hour, ½ mile. These 19th-century lighthouses once provided a beacon for sailors off the shore of Nauset Light Beach. Learn of their history and importance. Meet at Nauset Light Beach parking area, Eastham. ♿

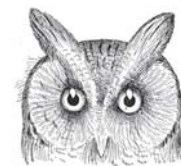
CHILDREN'S PROGRAMS:

SWAMP LIFE - Saturday, April 18 at 10:30 AM. 1½ hours, ¾ mile walk. Free.

Discover the incredible world that exists beneath the surface of the Red Maple Swamp. We'll collect animal specimens and water samples, and examine them using test kits and equipment to determine the overall health of this wetland. Meet at Hemenway Landing (1 road north of Fort Hill off Route 6). **BY RESERVATION ONLY.** Call Salt Pond Visitor Center at 508-255-3421, ext 0.

OUTSTANDING OWLS - Wednesday, April 22 at 2 PM.

1 hour. Free. Are owls wise? How do they fly silently? Find out the answers to these questions and also dissect the "leftovers" of an owl's meal, to find out what it ate. Takes place at the Salt Pond Visitor Center. For ages 8 to 13. **BY RESERVATION ONLY.** Call Salt Pond Visitor Center at 508-255-3421, ext 0. ♿



ORIENTEERING - Friday, April 24 at 2 PM. 1 hour. Free. A compass, map, and the power of observation can keep you from getting lost in the outdoors. Learn some of these important outdoor skills. Takes place outside at the Salt Pond Visitor Center. For ages 8 to 13. **BY RESERVATION ONLY.** Call Salt Pond Visitor Center at 508-255-3421, ext 0.

SEASONAL HIGHLIGHT:

WHALE SEARCH - Monday, Wednesday and Friday, April 20, 22, 24 from 10:30 AM to 3:30 PM. Herring

Cove Beach and Race Point Beach in Provincetown are great places to view whales from shore. On the dates above, a ranger will also be roving the area to help people spot whales and to discuss their interesting natural history. For accessibility, Herring Cove Beach parking area provides excellent viewing possibilities. ♿



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